



ELEVATE

FEMININE LEADERSHIP

Re-Imagine & Re-Design the Next Cycle of
Your Career Path, Life Design & Leadership Impact

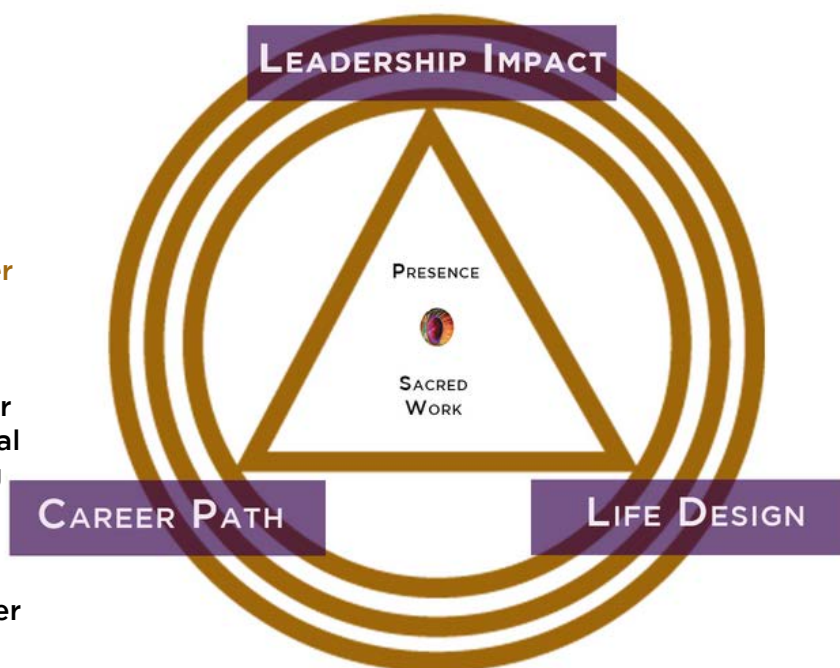
.....

a co-creative incubator + illuminating catalyst + wisdom council
for conscious women leaders & changemakers

There are times in our lives & careers when it's wise to pause and consider what we desire to create going forward vs just following the prescribed path. continuing to push through, or waiting to see 'what happens.'

When it's wise to create space to tune deeply into your internal guidance... to expand beyond limited mental constructs... to access your higher intelligence, heart wisdom and imagination... to illuminate new insight and possibility.

These are the times to actively apply your power to "co-create" your reality by creating intentional space devoted to exploring the next while living the now. You can do this on your own, or in connection with other conscious women also crafting the next cycle of their career path, life design, and leadership impact. I am a big believer that we are stronger, and wiser together.



**Which is why I'm answering the call to create this incubator, catalyst & council for conscious women leaders & culture-creators desiring the space, structure & sistership to intentionally imagine & design this next cycle of their elevation.
You are invited. Tune in below.**



Christine Arylo

Elevate Council 2023-24 Invitation From Christine Arylo



Tune into the invitation audio I created for you [here](#) or by [pressing the player](#).

Then read the pages that follow which outline the structure and flow. This is a curated experience and council for between 8-13 conscious women who have both a depth of professional expertise and who have embraced their part as a pioneering wise woman here to do things differently, elevate others & create new paths.

HOW THIS WORKS

We co-create intentional, creative space to **actively create the next**, while **sustaining & living the now**, over a time span - 7 months. This supports you to go deeper within and expand more freely & fully in the world, during the time of year that best supports this kind of exploration & emergence. 7 is the number of going deeper to illuminate wisdom and connect more deeply to what is real, aligned and true, before rising fully in the next.

CO-CREATIVE INCUBATOR

Space & structure to explore, experiment & expand,
and co-create from deeper wisdom & guidance.

For 7 months - Nov 2023 through May 2024 - you are held in an environment & experience that supports & guides you to be in conscious exploration & co-creation around the next cycle of your career, life & leadership. By June Solstice next year, you'll rise rooted in your radiance, aligned to your design & desires, with clarity on your intentions, commitments, path and part, for your next larger cycle.

The incubator gives you space to explore, experiment & elevate within while actively playing in the world, co-creating with the Field in ways that bring forth possibilities and paths you can't see yet.

ILLUMINATING CATALYST

Space to release roles, expressions, & patterns no longer fitting for who you are evolving into, + re-align to how you best work & cultivate your continued wellbeing.

Play with powerful wisdom-led methods for expanding & elevating your presence, potential, passion and possibilities.

Breakthrough interference.
Receive insights that fuel your focus
and stretch you in
energizing ways.

WISDOM COUNCIL

Consistent connection with other conscious, pioneering women on a similar path, supporting you to find clarity, confidence & stay true to yourself.

Advocates for one another's desires & design. Witnesses of each other's gifts & essence. Illuminators who hear & reflect truth & wisdom.

A place to speak freely, work things out, where you can be both your human self + highest self.



THE STRUCTURE

We will work with **elevated models, equations and systems** that give you **access to new language & insight**, rooted in timeless wisdom and the “codex” for how people & planet evolve and work best in this next era. By working with these, the **codex within you opens** with the wisdom and insight for your next cycle.

ONE: We Work With The 6 Pillars of Elevated Leadership Which Will Create A Foundation & Focus - a Compass - for You

Each month, we will dive deep into one pillar of Elevated Leadership to give you an illuminating & clarifying lens to see and explore things through. I'll teach you and share with you co-creative processes & practices that you will actively work with in your now life, to bring clarity to the next, in real time.

By the end of the incubator, you will have clarity, language and focus for each of these realms, which will create a foundation from which you can create from in the years ahead.

Because the model and each of the realms are rooted in the healthy feminine and masculine, any distortions - in mindset, somatic set points & ways of working and living - that you've internalized, reveal themselves and transform into wholeness and harmony. This also means that the relationships you create with the organizations, colleagues, and people you work with and serve also get an elevation in their expression and energy frequency to be supportive and aligned for you..



For a description of each of the realms, [click here to read this article.](#)

THE STRUCTURE

TWO: We Explore Your Design & Desires to Get You Aligned on the Inside, So the Choices You Make & Reality You Create Next Are Right for You

We dive into the different Align to Your Design realms throughout the incubator with the intention we bring your inner foundation and frequency into alignment, for this next evolution & elevation. Then, clear and centered, rooted in your radiance, the choices you make & what you create on the external landscape will resonate with your genuine desires, design & dharma, naturally.



To learn more about the different realms we’ll explore together, [tune into this guided audio](#) where I walk you through the Align to Your Design model.



[privacy policy](#)



Christine Arvjo
Align To Your Design: 6 Points of Focus

SOUNDCLOUD





THE STRUCTURE

THREE: We Get to Play With the Best Systems for Giving Us Language & Insight on Our Design

Evolutionary Astrology * Enneagram * Human Design * Gene Keys

One of my super powers is finding the best systems that both give us language for the things inside us we can't see but know deeply + that are transformational by nature.

The four systems we will work with are not typical 'typing' or personality systems, Because they are rooted in timeless wisdom and have evolved to stay relevant to our modern world, when we actively engage with them, we gain access to understanding, insights and language about ourselves that fast-tracks our elevation, and empowers us to make more aligned, wise choices that keep us true to our path and design (even if that means doing things differently than others, which is often does.)

We will work with each of these systems over the 7 months, using each one for what it does best. We'll be joined by practioners I know and work with personally who are masterful at working with these systems, people who have spent MANY years immersed in one of these wisdom systems. We'll have a council activation session for each, focused on specific areas connected to our work together, and then work with what emerges throughout.

Note: You may have worked with some of these systems or not, either is great - you can never stop learning from true wisdom-based systems. We will work with them in ways that will guide this process and also you can work with for years to come. You'll also be able to receive personal 1:1 support on the systems if desired.

FOUR: Elevation Equations & Practices for Sustainable Success & Wellbeing. Live Well, Work Wise & Create a Better World

Over the 7 months, we will work with the co-creative practices we use to guide our decision making & path creating - including the two you see below. This is HOW we do and create reality at an elevated level, practically in the material world, rooted in wisdom that naturally creates systems, cultures and realities that cultivate and sustain wellbeing and true success.



DO LESS.
RECEIVE MORE.
ACHEIVE A
GREATER IMPACT



This includes us working with the natural cycles to vision and set intentions in January (the Emerge Visioning & Focusing co-creative process), the March Equinox for re-harmonizing and re-setting wellbeing habits and patterns, and the mid-year FLOW Power Pause (as a way to make the transition out of the incubator, rooted in your radiance.)

WE BEGIN WITH A IN-PERSON RETREAT

WISDOM QUEST

NOV 10-12TH

VALLEY OF THE MOON, SONOMA, CA WINE COUNTRY

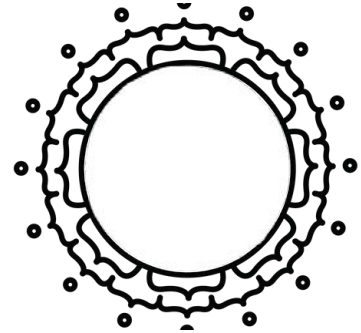


PRE-RETREAT: ALIGN WITH MY DESIGN PACKET TO PLAY WITH

before we gather, you'll receive a packet with exploratory processes you get to play with and contemplate, so when we come together you & your internal wisdom are primed.

COUNCIL GATHERING ON NOV 3RD TO CONNECT + SET OUR FIELD

we'll gather on the super power shift of Nov 3rd, the start of the "Kiva Time" - the natural starting point of an incubator. connecting in this way will also prime us for the in person time.



A WEEKEND TOGETHER IN THE BEAUTY OF NATURE & AT THE CENTER FOR INTENTIONAL CREATIVITY

we will spend Friday-Sunday together - stepping out of the day to day and into powerful spaces that will support you to **STOKE & PLAY** with your creative power, **EXPRESS & EMBODY** your deeper wisdom, and **NOURISH & CONNECT** to your whole being. You'll have space to reflect on this past cycle of your career & life, re-set in the now, and open up the next.

CREATION OF A STRONG SISTERSHIP SUPPORTING YOU TO CREATE THE NEXT

there's nothing quite like being together in person - deeply listening, seeing each other & being seen, connecting on common ground & expanding through diversity - to set a strong field.

We will create that field together so as we explore and fly through the 7 months, the connection remains strong.



*women have always gained their power and clarity through connection
with other wise women they can trust, who understand and who care.*

AND THEN WE EXPLORE, EXPERIMENT, ELEVATE AND CO CREATE TOGETHER FOR 7 MONTHS

This becomes a structure, a rhythm & a community that holds you in the unfolding, within your life. A place to land, come home to, and be your full self, just as you are. This makes sure the space is there to create the next while living the now. I've been testing and refining this structure since 2016, so it works for diverse styles, creates structure that feels spacious, & keeps the integrity of a potent co-creative field over time that gives us access to more than we can cultivate on our own.

MONTHLY ACTIVATION & EXPLORATION SESSIONS

the 1st friday of each month we'll gather to activate one of the 6 pillars of elevated leadership - purpose, part, presence, power, personal sustainability, practice, giving you wisdom, tools, inquiries, & processes to explore. this will provide a focus each month. This is how you co-create and receive insight from the Field & your internal field, real time, that we apply to your overall intentions.

MONTHLY FEMMAMINDING & WISDOM COUNCIL

the 3rd friday, you receive the great gift of space held for you in small groups (3-4 people) - to work through what's emerging as you explore this next cycle. You receive insight, council, witnessing, reflection - whatever you need that month. Femmaminding & Wisdom Councils differ from masterminding in that it's about deep listening, joining the collective power of our full spectrum of intuitive intelligence, & coming from the heart vs. the head. It's like coming to a well to drink from vs. a firehose to drink out of :)

1:1 WISE WOMAN TEA PARTNERS

We've found that having intentional time monthly with just one person also having a similar experience is priceless - both in how nourishing it feels and how powerful it is to help us find clarity and feel in our bodies what is true. Having the space to speak what's within you, to a person invested in your best interests, is where the gems of embodied insight pop out. You'll be paired up with a woman, rotating every 2 months, to have what we like to call Wise Woman Tea - intentional, focused and creative time tuning into wisdom.

SPECIAL SESSIONS WITH OUR WISDOM SYSTEM EXPERTS

To bring in the wisdom of the 4 systems we will work with - Enneagram, Evolutionary Astrology, Human Design and Gene Keys - we'll have a special session with the 'master' practitioner specific to the modality we are activating. These will likely also be on Friday's same time, or at a time/date that is most aligned with the energy we want to bring in and work with.

**Also included - and optional - are the Cyclical Living Processes Christine facilitates every year -
Emerge January Visioning + Equinox Power Pause + Mid Year Power Pause**



INVESTMENT & EXCHANGE

→ ENERGY

Energy is about you being ready & committed to creating this space and focus for yourself.

You know you have the energy if you can feel within your body and being that you are ready and willing to explore what's next and actively engage in our co-creative process. While this experience will stretch you and bring up things like resistance, emotion and places in need some love & care, this will not be a drain on you - this incubator is designed to energize & sustain you. My experience is that if you are committed to showing up for yourself, you'll experience more energy & momentum. Additionally, every person who becomes a member of this council and incubator will be committed to showing up 100% first for them themselves, as well for the spirit and structure of sistership - which we will clearly define and agree to as a council. The size of a wisdom council is always between 8-15 because that is the min and max needed to create the intimacy, connection & power. This means each person's presence matters. This isn't a class or program you take, it's an experience you co-create - just by being who you are, staying engaged in this exploration & staying committed to your elevation.

→ TIME

Time is about prioritizing this as a support for yourself vs. something you squeeze in. This is where you learn to use the power of creating space within a full life.

This is not another to do to add to your plate, this is a support structure for you. There will be actions for you take and things to explore between our gatherings, but it won't be overwhelming. It will cause you to make space for creating the next while you are in your now. Councils, activation sessions and femmaminds happen on Fridays at 12:30pm PT | 3:30 pm ET. We schedule this within your 'work day' so this work becomes part of the reality now. So yes, you will have to ward off the busy gremlins who will try and derail you, and set up agreements and boundaries so the needs of others don't steal the time you need, require and desire for this. You will never find more time (there's only 24/7). The questions are "Why does having this intentional space matter to you?" and "What's needed to make the space for this now?"

→ FINANCIAL

Option #1: Wisdom Quest Retreat + Full 7-month Elevate Incubator, Catalyst & Council: \$3900. Structure: \$1200 Deposit to Register. Pay remainder in full or in 7-monthly payments of \$385 post retreat, beginning on Nov 12.

Option #2: Add (3) 1:1 Sessions with Christine which you can use whenever you want during the incubator. \$4900. Structure: \$1200 Deposit to Register. Pay remainder in full or in 7-monthly payments of \$529 beginning Nov 12.

Includes Wisdom Quest Retreat in November (travel, lodging and meals separate)
+ 7-month Co-Creative Incubator Nov 2023 - May 2024

- + Monthly Activation Sessions, Femmaminding Wisdom Councils, Wise Woman Partners
- + Access to the models, tools, processes and systems Christine shares during incubator.
- + Optional Emerge Jan Visioning, March Equinox Power Pause, Mid Year Power Pause

All live gatherings are on Fridays at 12:30pm PT | 3:30 pm ET for 2 hours. The rhythm is the first and third Friday except when noted with an * We gather for 2 hours. We agree to do our best to come to every session, putting this space into our calendars, making it a priority, and knowing that life happens, and most people will miss some sessions. We have a great way of working with this, which we will share.

NOVEMBER

11/3 - INCUBATOR + COUNCIL IGNITING SESSION
11/10-11/2 - WISDOM QUEST RETREAT - FRI 4PM TO SUN 4PM
11/17 - WISDOM COUNCIL / INTEGRATION

DECEMBER

12/1 - ACTIVATION
12/15 - FEMMAMIND / WISDOM COUNCIL

JANUARY

1/5 - ACTIVATION
1/19 - FEMMAMIND / WISDOM COUNCIL

OPTIONAL EMERGE VISIONING 4-WEEK JOURNEY (STARTS 1/7)

FEBRUARY

2/2 - ACTIVATION
2/16 - FEMMAMIND / WISDOM COUNCIL

MARCH

3/1 - ACTIVATION
3/15 - FEMMAMIND / WISDOM COUNCIL

APRIL

4/5 - ACTIVATION
4/19 - FEMMAMIND / WISDOM COUNCIL

MAY

5/3 - ACTIVATION
5/17 - FEMMAMIND / WISDOM COUNCIL
5/31 - COMPLETION

Note: Sessions on Evolutionary Astrology, Enneagram, Human Design & Gene Keys Will Be Added





ELEVATE

FEMININE LEADERSHIP COUNCILS

Re-imagine & Re-design the next cycle of your career path, life design & leadership impact,
with support, intention and sistership

I will speak with each of the women considering this council and incubator to make sure they are a right fit.

NEXT STEPS

ONE: Reach out to Christine to let us know you are interested + then we will connect to explore if this is a right fit. If you are interested in the council and we have not yet had a conversation, please email Christine at **Christine@Arylo.com** OR fill out this short application, which upon completion will give you a link to set up a conversation with Christine -

<https://expanding.typeform.com/to/cJLRXzFF>

TWO: You make your deposit to claim your space. Once we confirm this is a fit, my assistant Melissa Zimmer will reach out with all the details, including an agreement, payment choices, etc.

Melissa's email is MelissaZimmer@Arylo.com

THREE: Once we receive your deposit, we will send you all the details for the retreat, incubator and council.

FOUR: You take a deep exhale + we will see you in November!

You are being held in this transition, threshold crossing, expansion and elevation. Receiving support and creating intentional structure is what we do as wise leaders when we cross thresholds! I look forward to the journey with you.

with heart, Christine Arylo

