


THE ALIGN TO YOUR DESIGN WEEKEND EXPERIENCE

For conscious women professionals
intentionally creating the next cycle of
their career path, life design & leadership impact

explore. expand. embody.



with Christine Arylo, MBA
Leadership Advisor, Teacher & Author

Gathering the wise women who desire to make a
intentional impact through the work they do...
embrace the experience & wisdom they've gained
over the years... and step forward into the next
phase... in ways that truly sustain, fulfill & nourish
them... and make a meaningful impact in the world...
with clarity, courage, creativity, and focus.

November 10-12
Valley of the Moon, Sonoma Wine Country

THE INVITATION

Imagine this November...

Taking the space to step outside of your day-to-day life and into an intentional space held for you... in the company of other conscious, wise women, who too are daring to embrace their power to re-imagine and re-design this world through their voices, choices, purpose, projects & presence.

Being nestled in the beauty of the rolling hills of Sonoma wine country + a retreat center dedicated to intentional creativity, sustainability & embracing our power to be co-creators ... during the time of year most potent for accessing deeper wisdom & weaving a path into the next, while living the now.

Being held within a structure of feminine wisdom, expansive creativity & focused intention... where you could tap into the deeper wisdom accessible in the more subtle realms, at the time when the veils between worlds thin. You expand your insight and clarity beyond what you can normally see.

It's at these times wise women have always gathered.

To use our collective power to illuminate possibilities and chart & choose our path ahead.

This experience is for women who are: feeling a shift – and elevation – in the work they do & way they show up. Women completing one cycle and beginning the new and next ... or are contemplating such a shift.

Women who don't want to or need to start what's next from scratch. You have so much wisdom and experience! Like a fecund field, what's ahead is full of possibility!

The questions are: "How do you desire to focus & apply all the wisdom & experience you've earned and gained over the years? What reality do you desire to create for this next cycle, in your career path, your life design & the impact your leadership makes in the world? So what you create next not only makes a difference, but actually sustains & energizes you, on all levels?"

What is going to light you up, now and in the years to come?

Keep your radiance strong, for decades to come?

Keep you free from the "wavy gravy" the world will be going through these next two decades, because you are SO centered in your genuine design, focus points and full spectrum of embodied intelligence and creativity?

Most conscious wise women I know, who have been pioneers through their career and life choices, daring to do things differently, are going through a transition at this time. We are each moving into our aligned places for this next era that humanity is embarking on ... and of which we are both a part + also leaders within.

A few things I'm sure of ... the next phase must emerge from a deeper place within us, and how we create the next will be different than how we got here. The mind doesn't have the answers. It's the wisdom within our hearts, bodies, and intuitive centers of intelligence that have the keys to expand into the next while living the now ... the codex of our design ... the dreams for ourselves and this world.

And ... when we gather together, we gain access to more insight, creativity, clarity and confidence than we can on our own. Which is why I'm doing my part to gather the women. If you would love intentional space created for you as you cross this threshold... keep reading. Women are gathering. You are invited.

We're creating an intentional, transformational space for 8-12 conscious women who are actively exploring and creating the next cycle of their career path, life design, creative expression, and leadership impact.

See below for some of the structure. Read more and if you are interested, you can register direct or reach out for a conversation.

OUR FOCUS FOR THE WEEKEND

I created this model as the 'how' we find the portal through the now and tune into the focus for next, in ways that will support you to make the choices in the months & years to come that keep you aligned you to your design, desires & dharma.



- We will actively explore where you have been & what you truly desire to create next.
- Take you through creative processes that expand your imagination, perception & expression.
- Tap into the deeper wisdom to tune into what is truly resonant (and not).
- Give language & image to the 'frequency' + 'feeling' + 'focus points' for each realm (glyph above).
- Put that energy into a visual form you can work with in the months & years ahead to support you to expand into and make aligned choices in career, life, leadership, impact & presence.

WHAT WILL I EXPERIENCE & RECEIVE?

Some things about this kind of experience can only be “experienced.” After all, we are engaging with the mystery, the quantum field, the realms of the imagination and intuitive power. This is not an intellectual exercise in business and life planning. But everything we do will empower you so much more deeply to construct and create the next phase of your life, work, career, expression, relationships, material foundation, wellbeing, and reality from your truth, core desires for yourself, the world and what matters to you.

What I can share is:

- **We will work with a myriad of ‘wisdom’ tools** – to access the deeper ‘codex’ within you. Tools that have the power to bring language, symbol, and form to the callings, stirrings and visions you feel within. Guided journeys. Energetic-opening practices. Intentional creativity. Embodied movement and practices. Intuitive access and expansion practices. And more.
- **We quest on multiples timelines** – to connect into your vocation, purpose and design, and the cycles ahead. We go out 3 years to 2026 + get clear on the short-term cycle of Nov-Spring Equinox 2024.
- **We do this in sistership, it is our super power** - In uncertain and intense times like these, we need to travel together – as a sistership of women. We each hold keys that can only be accessed and activated in the presence of others. We make light bulbs go off for each other. We become reflections seeing ourselves in others. And most of all we don’t feel so alone with our crazy ideas, out of the box thinking and deep inquiries. Plus, it’s more fun to travel with other daring women!

What you will experience is: the power of tools, techniques and ways of being natural to women, but in our modern world have been forgotten or discounted. You’ll experience the power of being in a circle of women, guided by me Christine Arylo – who is on this journey again myself and have taken many times before -- creating a container that opens portals of insight hard to access on your own. You’ll experience a deep connection to your truth, now.

What you will return with is: many things, more than we can list here. But here’s a few tangibles you will receive to support you to stay focused, centered, radiant & connected as you co-create your new reality.

1. **A Visual Compass that will Guide You in the Now as You Create the Next, over the next few years** – you will create an energetically-charged visual compass using mixed media, that uses the power of words, symbols and images to reflect the frequency & energy of the reality you desire to (and is in alignment) to create in your Career Path, Life Design, Leadership Impact, & Presence.
THIS IS THE MAGIC!!
2. **An “Illumination Map” for the short term** – focused actions for the “Kiva Time”– Nov through Feb so you can work the inner realms in the winter so at Spring Equinox begins to emerge, so will you.
3. **Commitment to Yourself & What Matters** – clarity on what you are saying YES to and NO for this next phase of elevation and expression, and the internal courage and self-advocacy to stay committed.
4. **New Daily & Weekly Presence Practices + a 40-Day Practice to Hold You Through Year End-** you’ll use these to keep you centered & connected to your wisdom in your now, as you create the next.
5. **Clarity on the Support You Need & the Commitment to Receive It-** mind, body, heart, spirit, relational, financial, intellectual – so you can cultivate that support over the next few months to help you co-create the next.



3-PART PROCESS PROVIDING SPACE + STRUCTURE

PRE-RETREAT

Receive the
Align Your Design Packet & Guidebook to
“Play” with.

Review. Reflect. Remember
the experiences & wisdom
you have gained & earned.

Before we gather, you'll receive a packet
with exploratory processes you get to
play with and contemplate, so when we
come together you & your internal
wisdom are primed.

We will also gather virtually on
November 3rd – if you are available – to
meet everyone, answer any questions,
and make sure your current now doesn't
prevent you from creating space to reflect
before the retreat. We start setting the
field before we gather, so we flow right in.

WEEKEND IN PERSON

Re-Connect With Yourself
Release What's Not Needed Next
Receive Insight & Wisdom
Re-Activate Your Creativity
Re-Imagine What's Possible
Re-Align to What's True for You Next

We will spend Friday-Sunday together -
stepping out of the day to day and into
powerful spaces that support you to **RE-SET**
in the now, and open up to **EXPAND**
into the next.

You'll **SPARK & PLAY** with your creative
power ... **RECEIVE** guidance & insight...
EXPRESS & EMBODY your deeper wisdom &
evolving presence... **NOURISH & CONNECT**
to your whole being.

So what you create forward comes from a
expanded, rooted core within you. You'll
leave with clarity and a felt sense of what is
at the center of the next. With co-creative
tools to guide you and keep you centered.

POST RETREAT - CO-CREATIVE PRACTICES & TOOLS

How we 'do' this transition and next cycle will be different than previous ways we've
navigated the world and made an impact, which means we 'do' this from a different
place within us – the deeper timeless wise woman and the modern-day revolutionary
here to make shift happen... but this time in ways that truly sustain and nourish you. You
will create, experience and flow back into your life with wisdom-based, co-creative tools,
maps and practices to support you to operate in the now and create the next at an
elevated level of consciousness and embodied wisdom.

weekend retreat details



DATES: Friday Nov 10 through Sunday Nov 12

We'll we travel through the realms of possibility and wisdom together for 2 nights and 2 full days. You'll arrive on Friday at 4pm - the beginning of you stepping out of the day-to-day reality to a more expanded reality where conscious women go to gather wisdom. We will have our opening session at 4pm and a private-chef dinner after, which is included in the retreat.

We gather Saturday and Sunday mornings around 9:30am for 'café time' and start in circle at 10am. We will provide lunch options so you can order what you desire, dutch treat (weather depending, we will picnic outside or inside, both at our home location or at a local winery.) We'll also have an optional 'wisdom walk' in the elements (aka a hike in nature) Saturday or Sunday morning.

Saturday dinner you can go out together or do on your own (there's so many good places to eat!). We complete Sunday afternoon around 4:00pm, so you can drive home Sunday evening, or take a late flight out, or better yet, hang out in the Bay Area or Wine Country another day (if you are flying in) and in spaciousness leave Monday.

PLACE + HOME BASE: Sonoma, CA (Valley of the Moon) + Musea, Center for Intentional Creativity

One of my most beloved places on the earth is the Valley of the Moon, Sonoma Wine Country for so many reasons – including how present the growth cycles are (which can guide us in our own creations), the symbol of wine as nourishment for the spirit (even if you don't drink it), and the expansive and rooted energy it naturally emanates. It's a place that can support us to open to our senses, what nourishes us, and our co-creative power to be the makers, culture creators, true influencers and connectors.

While we will be out and about on some adventures in the Valley, our home base will be a special place in Sonoma called MUSEA. Musea is the Center of Intentional Creativity, founded and created by my dear friend Shiloh McCloud. I chose to have this year's November retreat at Musea because it's mission is all about embracing and applying our creative power to affect, influence and bring the imaginal into the physical. This place has held many retreats with women from around the world for many years, so we get to flow and step right into that energy field – giving our own creativity super power!

You can choose to stay wherever you like – there is an option to stay at Musea in 'the mermaid cove' – a dorm-style room outfitted with individual pink chaises/beds, for \$100 a night. There are also hotels and Airbnbs all around. We will share options with you. If you are flying, you can fly directly into Oakland & San Francisco and rent a car. Or fly into Santa Rosa direct and book Lyft /private ride or rent a car.

ATTENDEES: SMALL GROUP OF CONSCIOUS WOMEN. We made a conscious choice to keep this a small group of women – between 8 and 12. We wanted to ensure there was ample space to give you personal attention throughout the retreat. We also felt like the women who would be called to this kind of intimate retreat experience would receive the best experience by having enough conscious people to create a strong energy field together, and a small enough number that the container could be kept very coherent and clear.

TUITION: \$1200, PAID IN ONE OR TWO INSTALLMENTS

The Experience Includes:

- **Align to your Design Package & Guidebook with inquiries and processes** that will prime you up for a powerful retreat when you arrive.
- **2 Night, 2-Day Retreat at Musea, Center for Intentional Creativity** – an elevated, creative container held for you. Location is 75 Fremont Drive, Sonoma. (lodging separate)
- **Personal support, insight and guidance from Christine during the retreat**
- **Wisdom council + sistership with other courageous wise women daring to do things differently, and intentionally use their expertise & energy to do less, receive more and create a greater impact.**
- **Dinner Friday + Snacks throughout.** Breakfasts and Sat dinner on own. Lunches, dutch treat.
- **Mixed Media Visual “Compass” + a Wisdom Journal of all the work we do together that you can take with you and keep working with it as you co-create the next**
- **40-day Practice + Focus** that will keep you centered as you flow back into your day-to-day life

Next Steps:

YOU CAN RESERVE YOUR SPACE DIRECTLY HERE:

<https://expanding.infusionsoft.app/app/orderForms/EFLCR-AYD>

You can choose to pay in on or two installments. We will follow up with a e-letter with all the details you need to prepare.

Remember that you also receive the **Align to Your Design Guidebook and Primers** – so take a deep exhale. The moment you choose to come to this experience by claiming your space and registering, is the moment you are held in this intentional group of women. The Universe takes note. And things begin to shift.

IF YOU HAVE QUESTIONS OR DESIRE TO TALK WITH US:

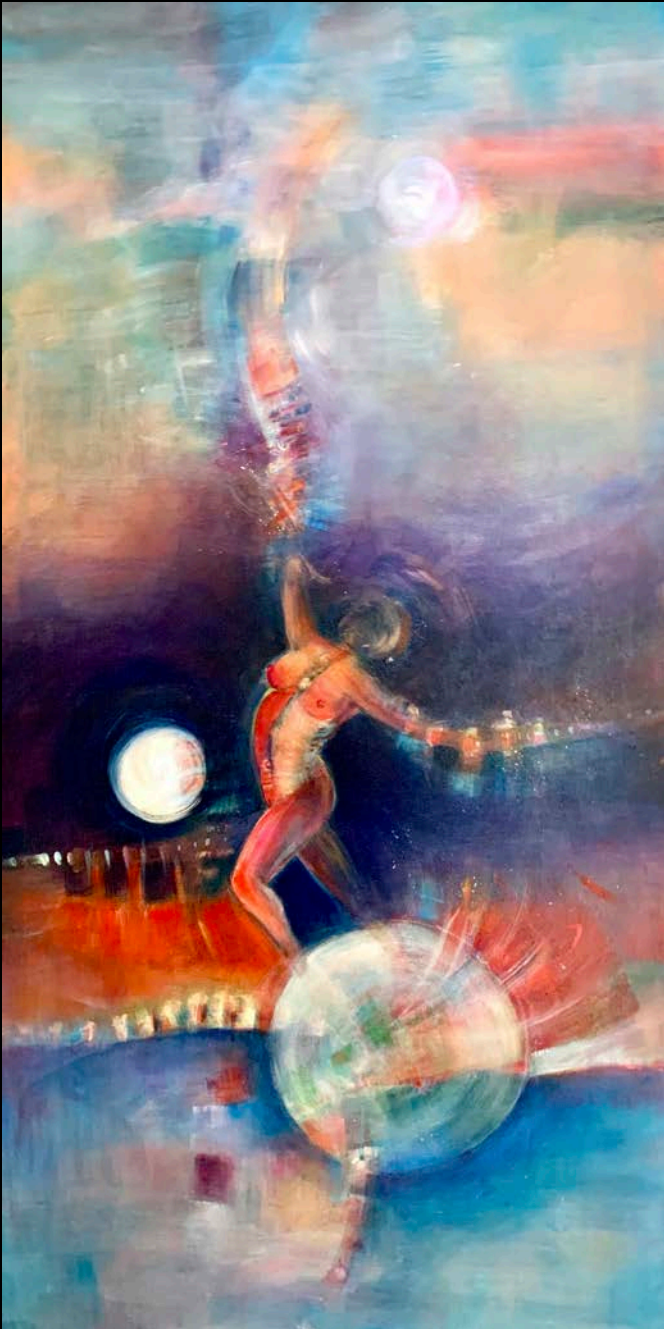
Email Christine at Christine@Arylo.com
and she will respond to your questions or to set up a time to talk.

*There are a max of 8-12 spaces available. Spaces will be given on a first come, first serve basis.
If you are feeling this is a yes or maybe – connect now, and let’s claim your space.*

**This is a potent time of the year, at a potent time in humanity.
We are all being stretched to elevate. Imagine if we can create this next
cycle for ourselves & the world in ways that sustain & energize us.**

This is living from and aligning to our design, desires & path.

**Together, we can find the insight, clarity and courage to create the next,
while living the now.**



She Rises by Sharon Zeugin, Austin

It is time to speak your truth.

Gather your community.

Be good to each other.

**Do not look outside yourself
for the leader.**

The time of the lone wolf is over.

Gather yourselves.

- Hopi Elders

**Align to Your Design
Weekend Experience 2023**