



Sovereignty means being whole within oneself. We don't need another. We choose another.

Sacred means devoted to wholeness.

Sovereign Woman. Sacred Partnership is an experience for conscious women who desire to stay self-empowered and true to themselves AND create a partnership in which both people are supported to be their whole selves.

This Transformational Experience & Retreat is for women who desire to put an intentional focus this year on exploring, opening up to, and co-creating the kind of partnership they have always known is possible in their hearts, but perhaps have yet to fully realize it now, at this time in their lives.

**2022 is the year of The Lovers, which is all about Self-Love
+ Creating Relationships from Our Wholeness**

Which is why we decided to join together to co-create this experience for the conscious women in our communities. Here's the intention of this 3-part experience :

- **RELEASE THE OLD:** *The internal imprints, relational patterns, and blocks to love that no longer serve you.* Likely you've done a lot of and exploring, excavating and healing of these already. This year, it's about consciously clearing and releasing the energetic, emotional and somatic remnants in a way you can call "creating from the wound" COMPLETE.
- **STAY CENTERED IN THE NOW:** *Receive wisdom and practices that empower you to stay centered as you explore and experiment this year.* Sacred partnership doesn't just materialize overnight. It's something that happens as we engage in relationship with others. Our connection with others is the playground. Expect your triggers and fears will come up. But this time, you'll have tools, practices and elevated perspectives that keep you connected to yourself, and to what is real and needed in the situations that arise. So you can choose and experience love, connection and the imprint of others who can lean into sacred partnership.
- **OPEN TO & CO-CREATE THE NEW:** *Know at an embodied and energetic level what you desire to co-create in partnership with another person, so you can open to it when it's present and also notice when it's not.* Sacred partnership is always felt in and created from the heart. It doesn't come from a list of qualities or an idealized picture or vision. When you can both articulate and feel the energy of the partner and partnership you desire, you bypass the mental and tap into the power of your heart and soul, which is where the love lives.



When we open to sacred partnership, we can let go of needing to be the 'strong one' or the one who does it all. We allow ourselves to be fully in our feminine and masculine, open to receive, centered in true power. A sacred partnership holds, supports and stretches us into more love & possibility, together.

Sovereign Woman Sacred Partnership Experience & Retreat includes:

ONE: PRE-RETREAT: Primer Illumination Packet - so you can contemplate, explore and bring forward insights and focalizing points for releasing and expanding. When you arrive at the retreat, you'll be primed and ready to go.

- **Three transformational processes** from Christine's extensive body of work in self-love & sovereignty; feminine/masculine energy power spectrums; and revealing & restructuring unconscious relational imprints.
- **Guided heart-healing transmission** with customized channeling and sacred sound from Linda for this group.

TWO: FULL DAY SPRING RETREAT: At Ardor Wood Farm outside of Austin – a curated, heart-opening, energy-clearing, body-soul-nourishing, creativity-invoking, embodied and elevating experience in which we bring our combined super powers as transformational guides +the power of collective group energy of conscious women + sacred, intentional land holding and nurturing every individual woman.

- **Date/Time:** Saturday, April 23rd – 9am to 9pm
- **Private-Chef** prepared nourishing lunch and dinner, farm to table, idyllic outside dining
- **Joy of being on "the farm"** – including baby goat petting, labyrinth meditations, and picnic lunch
- **Group and individual experiences** including deep dive energetic soul experiences, transformational tools and intentional creativity.
- **Stay on or near the farm.** Or it's a 45-minute drive from Austin.

THREE: POST RETREAT SESSION + PRACTICES – we are committed that each of you take all that happens in the retreat back into your life, and the clearing, transforming and expanding stays with you.

- **Sacred Relationship Session in May for exploring dynamics of partnership and what's emerging** - with Christine and her life partner Noah Martin, and a relationship transmission from Linda Galvan specially channeled for the group.
- **Set of practices and tools to use in your life, mindset and relationships** – these will support you to stay open, aware and making choices that lead to the kinds of relationships you desire.

ALSO: You'll return home with a "Sacred Partnership Portal" to hold the energy of what you are choosing to create.

- **Over the journey of our full day retreat, you'll be guided through an intentional and intuitive creativity process** that leads to you creating a personal and energized painting, which reflects your choice to create this next partnership from a place of self-love, sovereignty and sacred union.
- **No art experience needed.** This will come from your heart 😊





Participation: Because our intention is to create a deeply resonant and transformative field for conscious women - single, dating, in relationship, or married – this experience is open to a maximum of 13 participants.

Investment: \$888 pay in full or in payments – includes pre-retreat illumination packet and processes, full day retreat, prepared lunch and dinner, post retreat session and practices.

To Register: Go here <https://expanding.infusionsoft.app/app/orderForms/-sovereign-woman-sacred-partnership>

Questions: Email Melissa Zimmer, our Retreat Director, at melissazimmer@arylo.com

About Your Facilitators

Christine Arylo: Women’s Leadership Advisor, MBA, Wisdom Teacher and four-time best-selling author, Christine is devoted to working with conscious women to make shift happen – in their lives and the world. From the heart. Led by their internal power and intuition. Dedicated to making a meaningful impact, without sacrificing their wellness, relationships and experience of a whole life. She is the founder of The Path of Self Love, which teaches a self-love methodology Arylo researched and developed over twenty years. She’s been in sacred partnership for 17 years with the same man, and reports they’ve had at least three different marriages, in which they’ve managed to continually growing stronger together. www.ChristineArylo.com

Linda Galvan: Life Transformation, Personal Growth Facilitator and Guide, Linda serves spiritually-minded women and men who are ready to reach the higher levels of their soul calling and life purpose but feel stuck or unable to move forward in the direction of their more sacred desires. Trained traditionally in the field of psychology, with a Masters and Doctoral Training in Educational Psychology from The University of Texas at Austin, Linda’s gifts shine as a Spiritual Intuitive, Channel & Sacred Alchemist. She recently completed a long-term relationship, and is consciously exploring new relationships, while raising her daughter in Austin. www.LindaGalvan.com

About Ardor Wood Farm: Ardor Wood Farm co-founders, Graham Pierce and Karen Knight, partners in life and love, say that the only thing they love more than the land itself is sharing the land with others. Since purchasing the farm in 2015, Karen and Graham have been working to create an oasis for wildlife and for people to come nurture their nature. In addition to raising their beautiful Nigerian Dwarf dairy goats, they are working in partnership with the National Resource Conservation Service (NRCS) to improve the land. As soon as you arrive at Ardor Wood Farm, you’ll sense the care that Karen and Graham have brought to this land. And you’ll know you’re in a place where you can re-connect with nature, friends, family, and the best of yourself. <https://ardorwoodfarm.com/>



Your task is not to seek for love,
but merely to seek
and find all the barriers within yourself
that you have built against it.

- Rumi